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*Chief of Adult Reconstructive Surgery
Total Hip and Knee Replacement
Director of Bloodless Surgery
Adult Reconstruction Service*

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*Associate Professor of Orthopaedic Surgery
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Director of the Center for
Reconstructive Joint Surgery*

Pre-Operative Instructional Classes for Patients Having Total Hip and Total Knee Replacement

- You will meet some of our staff, including a nurse and a physical therapist. Topics discussed include:
 - What you need to do before surgery
 - What happens in the hospital
 - What you need and can expect at home after surgery
 - Pain management
 - Physical therapy
 - Discharge planning and information about “Rehab”

Total Hip Replacement: Mondays at 9:30 AM
Total Knee Replacement: Wednesdays at 9:30 AM
at
Beth Israel Medical Center
1st Avenue at 16th Street
New York, New York 10003
7th Floor, Silver Building
(Enter through the Linsky Pavilion)

You may attend as early as 4 weeks before your surgery
but no later than 1 week prior to it.
Family members, spouses, partners and caregivers
are encouraged to attend.

**Call (212) 420-2010 and leave your name,
telephone number and the date you wish to attend.**