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**Instructional Classes for Patients Having
Total Hip and Total Knee Replacement**

These classes address what you need to do before surgery, what happens in the hospital, and what you need and what to expect when you return home after surgery.

**Mondays, Wednesdays or Fridays
9 AM – 11 AM**

at

**The Beth Israel Medical Center
1st Avenue at 16th Street
New York, New York 10003
7th Floor, Silver Building
(Enter through the Linsky Pavilion)**

You may attend as early as 5 weeks but no later than 1 week before your surgery

Family members, spouses and partners are encouraged to attend

Call (212) 420-2010 and leave your name and telephone number. A physical therapist will call you to schedule the class.